

Please note: The Department of State assumes no responsibility or liability for the professional ability or reputation of, or the quality of services provided by, the entities or individuals whose names appear of the following lists. Inclusion on this list is in no way an endorsement by the Department or the U.S. government. Names are listed alphabetically, and the order in which they appear has no other significance. The information on the list is provided directly by the local service providers; the Department is not in a position to vouch for such information.

Local Health Care Providers – Updated February 2020

Most health care facilities in Zambia are below American standards with limited screening and testing capabilities. Doctors and services at these clinics vary from day to day. Be sure to call the individual clinics for current information, costs, etc.

Ambulance/Medical Rescue

Kitwe – Special Emergency Services

Address: P.O. Box 20324, Kitwe

Telephone: +2602 211182

Fax: +2602 211184

Emergency Mobile: 097 777 0306/7

E-mail: seskitwe@zamnet.zm

Livingstone – Special Emergency Services

Telephone: +2603 322330

Cell: 097 7740307/8

E-mail: seslivingstone@zamnet.zm

Lusaka – Special Emergency Services

Address: P.O. Box 31500, Lusaka

Telephone: +260 211 273302/7

Fax: +260 211 273301/181

Cell: 097 777 0305/0302

Radio Phone: +260 211 212663/4

Emergency Control Centre: (01) 273302-7

E-mail: med@zamnet.zm

Lusaka – Optimal Medical and Wellness Centre

Services:

- Ambulance base with 24/7 dispatch
- Ambulances staffed only with ACLS trained paramedics

Medical Director: B. Birkland

- Also has an active license to practice in the U.S.
- **Email:** BBirkland@gmail.com
- **Website:** <http://www.bassimbirkland.com>

Telephone: +260 211 236242; +260 211 236201; +260 211 251117

Emergency Numbers: 8800 can be reached 24/7

General Health Providers – Choma

Dr. Jain Surgery

Medical Director: Gautam Kumar Jain

Address: Plot 234, Mochipapa Road, Choma

Telephone: +260 955 772977; +260 977 661414; +260 213 20998

E-mail: Jaingautamk@gmail.com

Hours (Open Clinic): Monday – Sunday (08:00 to 16:30)

General Health Providers – Kabwe

Kabwe Central Hospital

Services: Full Range Hospital

Medical Director: Victor Kuswese

Address: Mukobeko Road, Kabwe

Telephone: +260 977 476565; +260 976 776001

E-mail: Victorkusweje@gmail.com

Hours (Open Clinic): Monday – Sunday (24 Hours Service)

General Health Providers – Kitwe

Morning Rise Private Clinic

Services: Full Range Hospital

Medical Director: M. Mutamfwa

Address: 4201 Ulemu Drive, East of Kwacha, Kitwe

Telephone: +26 966 908918

E-mail: Morningrisesurgery@gmail.com

Hours (Open Clinic): Monday – Sunday (08:00 to 20:30)

Springs of Life Medical Centre

Services: Full Range Hospital

Medical Director: Lodgins Sichimba

Address: 11-13th Street Nkana East, Kitwe

Telephone: +260 954 467137

E-mail: springsoflifemedic@yahoo.com

Hours (Open Clinic): Monday – Sunday (24 Hours Service)

General Health Providers – Livingstone

Dr. Shafik Hospital

Services: Full Range Hospital

Medical Director: Mohamed Taiseer Shafik

Address: 1115 Katete Road, Chandamali Area, Livingstone

Telephone: + 260 955 863000; + 260 977 863000

WhatsApp: 00201142483802

Email: shafikhosp@rocketmail.com

Hours (Open Clinic): Monday – Sunday (24 Hours Service)

General Health Providers - Lusaka**Beit CURE International Hospital**

Services: Specialist Orthopedics Training and Surgical Hospital (in-patient and out-patient care)

Other Services: Plastic Surgery, ENT Medical Services, Pain Management, Audiological/Hearing Aid Dispensing/Servicing, and Related Services

Medical Director: Giorgio Lastroni

Address: Great North Road, P.O. Box 34872, Lusaka

Telephone: +260 977 740166

E-mail: giorgio.lastroni@cureinternational.org

Hours (Urgent Care Clinic): Monday – Friday (08:00 – 17:00)

CORPMED

Services: Full Range Hospital

Medical Director: Francis Kiese Ngemba

Address: Plot No. 3236, Cairo Road behind Barclays North End Branch, Lusaka

Telephone: +260 953 284226

- **Hours:** Monday – Friday (08:00-16:00)

E-mail: Corpmed@zamnet.zm

Hours (Open Clinic): Monday – Sunday (24 Hours Service)

- Special appointments – 08:00 -18:00

Lusaka Trust Hospital

Services: Full Range Hospital

Medical Director: Margaret Siwale

Address: Plot 2191, Nsumbu Road, Woodlands, Lusaka

Telephone: 0211 252190; 0211 253481; 0211-254702

Mobile: +260 977 770347

Emergency Line: +260 977 472214; +260 211 252190; +260 211 250653

Fax: 0211 260211

E-mail: m_siwale@lth.co.zm

Hours (Open Clinic): Monday – Sunday (24 Hours Service)

Magnum Medical Centre

Medical Director: A.H. Osman

Address: Plot 1264 Fulwe Road, Rhodes Park, Lusaka

Telephone: +260 211 250462; +260 955 250462

E-mail: drahosman@gmail.com

Hours: Monday – Friday (08:00 to 1600); Saturday (08:00-12:30); Sunday and public holidays (09:00 to 11:00)

Medland Hospital

Services: Full Range Hospital

Medical Director: Jabulani Munalula

- Also has an active license to practice in the U.S.

Address: Plot 9, Mukonteka Close, Rhodes Park, Lusaka

Telephone: 3111; +260 761 101600

E-mail: info@medlandhospital.com

Hours (Open Clinic): Monday – Sunday (24 Hours Service)

Mum's Care Clinic and Hospital

Services: Full Range Hospital

Medical Director: Kalume Lucien Mukenge

Address: 4870 Kabelenga Road Fairview and 363/A Avondale, Lusaka

Telephone: +260 211 223728/9; +260 211 233157/8

E-mail: mumscare@gmail.com

Hours (Open Clinic): Monday – Sunday (24 Hours Service)

Mutti Kabelenga Health Services Ltd.

Specialty: Internal Medicine

Medical Director: Dorothy Kasonde

Address: No. 3, Nambala Close off Bwinjifumu Road, Fair View, Lusaka

Telephone: +260 211 227178; +260 966 888051

Emergency Number: +260 977 634346

E-mail: muttimedicalcentre@gmail.com

Hours (Open Clinic): Monday – Friday (08:00-12:30 & 14:00-17:00); Saturday (08:00-12:00); Sunday (09:00-10:00)

Optimal Medical and Wellness Centre

Services:

- Ambulance base with 24/7 dispatch
- Ambulances staffed only with ACLS trained paramedics

Medical Director: B. Birkland

- Also has an active license to practice in the U.S.
- **Email:** BBirkland@gmail.com
- **Website:** <http://www.bassimbirkland.com>

Telephone: +260 211 236242; +260 211 236201; +260 211 251117

Emergency Numbers: 8800 can be reached 24/7

E-mail: optimalreception@healthsolutions.org.zm; optimalclinicmanager@healthsolutions.org.zm

Hours (Open Clinic): Monday – Friday (07:00 to 19:00); Saturday and Sunday (07:00 to 12:00)

St. John's Medical Centre (formerly Monica Chiumya Clinic)

Services: Full Range Hospital

Other Services: Common Lab Tests, X-ray, Ultrasound, Physiotherapy, and ECG

Medical Director: Daniel Nkulu B. Mwanamfumu

Address: Plot No. 9024, Buluwe Road off Leopards Hill Road near Lake Road, Lusaka

Telephone: +260 211 261247; +260 977 587546

E-mail: danielmwanafumu78@gmail.com

Hours (Open Clinic): Monday - Sunday (24 Hours Service)

Teba Medical Centre

Services: Full Range Hospital

Medical Director: Ayshat Gasanalieva

Address: 6831 Katima Mulilo Road, Olympia, Lusaka

Telephone: +260 211 291037; +260 973 237827; +260 979 678532

Hours (Open Clinic): Monday – Sunday (24 Hours Service)

Victoria Hospital

- Locations in Lusaka, Chilanga, and Mazabuka

Services: Full Range Hospitals

Medical Director: Shalin Thomas George

Address (Lusaka): Plot 5498, Lunsemfwa Road, Kalundu, Lusaka

Telephone (Lusaka): + 260 955 255798

Telephone (Chilanga): + 260 954 7362160

Telephone (Mazabuka): +260 955 606090

E-mail: victoriahospitalszambia@gmail.com

Hours (Open Clinic): Monday – Sunday (24 Hours Service)

General Health Providers - Ndola

Ndola – Health View Medical Centre

Services: Full Range Hospital

Medical Director: Bakhtivor Mukhitdinov

Address: 8 Evelyn Road, Town Centre, Ndola

Telephone: + 260 212 610463; + 260 955 507777; + 260 976 454444

E-mail: hvmczambia@gmail.com

Hours (Open Clinic): Monday – Sunday (24 Hours Service)

Dentists

Lusaka – A-T Dental Surgery

Medical Director: Huja Gass Jaiteh Njie

Address: 104 Mwambula Street, Jesmondine, Great East Road, Lusaka

Telephone: + 260 211 292656; + 260 211 290487; + 260 974 265743

E-mail: atdentalsurgery@gmail.com; gassjaitehnjie@gmail.com

Lusaka – Adventist Dental Services

Medical Director: Wesley Arnold

Address: Plot 59, Chipwenupwenu Road, Makeni off Kafue Road, Lusaka

Telephone: + 260 955 189845; + 260 973 841618

E-mail: Lusakadental@gmail.com

Lusaka – KGP Dental Surgery

Medical Director: Kenan Gao-Kulichova

Address: Plot No. 5459, Kariba Road off Great East Road, Lusaka

Telephone: + 260 211 292219; +260 955 764040; + 260 968 838977

E-mail: kgdental.zm@gmail.com

Opticians/Ophthalmologists**Lusaka – Lusaka Eye Adventist Hospital**

Medical Director: Celestin Habiyaakare

Address: Plot 59, Chipwenupwenu Road, Makeni off Kafue Road, Lusaka

Telephone: +260 979 322000

E-mail: lusakaeyeinfo@gmail.com

Lusaka – Madison Health Opticians

Medical Director: Alex Likezo Kapul

Address: 25 Chitemene Road, Rhodes Park, Lusaka

Telephone: + 260 967 447163; + 260 977 537442; + 260 211 25687; + 260 955 379408

E-mail: alex@mhs.co.zm

Lusaka – Vision Care Appasamy Eye Hospital

Medical Director: Jerome Wiskoti Banda

Address: Plot No 60, Independence Avenue, Opposite Spring Field School, Lusaka

Telephone: + 260 211 233601; + 260 955 233601

E-mail: ycaehzambia@gmail.com

Diagnostic Services**Metropolis (Medical Laboratory)****Specialty:**

- Medical Diagnostic Laboratory with five centers throughout Zambia
- In operation for over five years

Medical Director: Hyder Ali Khan

Address: 70 Independence Avenue, Lusaka

Telephone: + 260 211 253293

Mobile: + 260 970 165492

Emergency Numbers: + 260 977 503200; + 260 979 185512; + 260 973 840184

E-mail: info.zambia@metropolisafrika.com